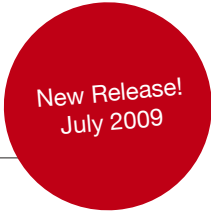




Real People. Real Stories. Real Life.



AUTHOR PROFILE:

Laura Fluke

Seeker, singer and survivor.

Life often presents us with many challenges. Laura has experienced more than most. Born and raised in a suburb of Detroit, she questioned where she belonged early in life. Struggling for years with identity confusion, dissociation, self-injurious behavior, and suicidal depression, she was eventually diagnosed with Borderline Personality Disorder (BPD).

Now a devout Christian and ordained minister, Laura intimately describes her journey from childhood innocence to depths of despair to divine exaltation. She says, "I prayed for God to mold me and make me into the person He wanted me to be. I never realized He would take this request so seriously."

She details encounters with Christian counselors as she sought desperately to be healed from the darkness of her mental illness and, all the more, her emotional wounds. In a situation that seemed so many times to be hopeless, Laura learned the value of perseverance in seeking God's Will.

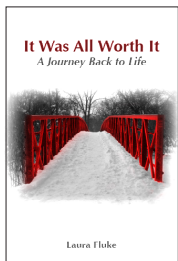
Laura is married and has two children. And despite her struggles, she and her family have shown hospitality to nine short-term and long-term exchange students from six different countries. In addition to her busy home life, she works as a physical therapist assistant and enjoys whitewater rafting, bicycling, motorcycling, photography and off-roading in her Jeep.

Her philosophy of life is:

Do not go where the path may lead,

Go instead where there is no path and leave a trail.

It Was All Worth It is her first published work.



It Was All Worth It: A Journey Back to Life

by Laura Fluke
ISBN 978-0-9768347-9-3
149 pages
\$9.95 US/\$12.00 CAN

A testament to the power of healing through prayer. A Christian's journey to self-awareness. A tribute to strength and courage and yes, Laura, it was worth it.

—Elena Kerasiotis

Take the journey. Learn the lessons. Live the life.

www.mjpublishing.com

Contact: Laura Fluke at: itwasallworthit@comcast.net